



How to Reach Your Fundraising Goals

Starting your fundraising can be daunting so we want to help you get off on the right foot!

How to Raise Your First \$100

Action	Total
Make your own contribution of \$20	\$20
Ask your significant other for \$10	\$30
Ask 2 family members for \$10 each	\$50
Ask 2 friends for \$10 each	\$70
Ask 2 co-workers for \$10 each	\$90
Ask a neighbor for \$10	\$100

How to Raise Your First \$500

Action	Total
Make your own contribution of \$30	\$30
Ask your significant other for \$30	\$60
Ask 4 family members for \$20 each	\$140
Ask 4 friends for \$20 each	\$220
Ask 4 co-workers for \$10 each	\$260
Ask 4 neighbors for \$10 each	\$300
Ask your supervisor at work for \$20	\$320
Ask if your company will sponsor you \$50	\$370
Ask 2 local businesses you frequently support for \$30 each	\$430
Offer to pet sit or babysit for a neighbor: \$20	\$450
Host a coffee morning, bake sale or garage sale: \$50	\$500

Other Ideas

- Share your fundraising page on your social platforms
- Leave a contribution jar at work
- Ask family and friends to donate instead of giving gifts for a birthday or special event
- Ask people at your place of worship or social club
- Ask people you have donated to in the past
- Arrange a dress down day at work: anyone dressing down has to donate \$5
- Hold a bottle or can drive
- Organize a school fundraiser



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The ALS Therapy Development Institute is a 501(c)3 EIN# 04-3462719. All donations are tax deductible.